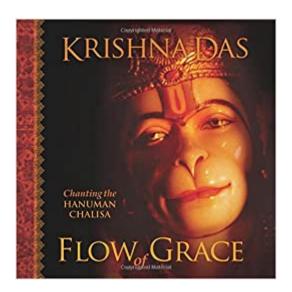


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Flow Of Grace: Chanting The Hanuman Chalisa





Synopsis

World-renowned recording artist Krishna Das gives readers a rare treat: commentary, instruction, and a CD exploring the classic Hindu poem Hanuman Chaleesa.

Book Information

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Spirituality > Mental & Spiritual Healing

Customer Reviews

Das, a devotee of the Indian guru Neem Karoli Baba (Maharaj-ji), spends his time introducing people to the path of devotion. Using his skills both as a guide and as a recording artist, he puts together a beautifully illustrated interpretation and primer to the Hindu literary classic, the Hanuman Chalisa, a 40-line lyrical poem written in praise to the monkey god best known for his limitless devotion. Das briefly shares his own path before giving a lengthy description of the Hindu tradition of the story of Hanuman, though he briefly touches on both the Tibetan and Chinese traditions as well. The explication of the text is very accessible, though a more thorough translation of the Indian words that pepper his writing would make this easier for the completely uninitiated. In addition to the transliteration at the end, one CD provides a well-paced reading of the poem, as well as a line-by-line recording. Most striking is the second CD, which offers a heartfelt chanting of the verses. In his deep, soulful voice (reminiscent of the Crash Test Dummies' lead singer, Brad Roberts), Das shows us allââ ¬â *devotees, seekers and the merely curiousââ ¬â *the exquisite beauty of the Hanuman Chalisa. (Aug.) Copyright à © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Flow of Grace

Don't ask me how I came to find this CD. It comes as two CD's: one is the pronunciation guide the other is the chant itself. You will need ninety minutes if you want the real effect. It has taken me a bunch of times to learn the pronunciation, and I am still learning as every time I turn this CD on and chant with it, I get a little better. The effort has been more than worth it. Chanting is relaxing and somehow empowering even if you only do it by yourself. The story of Hanuman opens up all of Hinduism, he is the monkey god or better yet the perfect middle man. If you want to introduce some spirituality into your life and are not up for twisting you leg around your head, try chanting. This is by far Kirshna Das' best CD since it is a rhyming song with a beat rather than just one very long, repetitive note.

KD really puts his heart in here. It is pure devotion. Maharaji Ki Jai!The 1st track is a great slow way to learn the Chalissa and even read along as you chant since it is broken down by the satsang chanting between verses. I learned the Chalissa years ago from another of his CDs but this is better. People have said it is more cleaned up. It does have a more academic feel, in the best sense. I'm Filipino, not Indian so I can't vouch for the Hindi accuracy. Sure the Chalissa is on many CDs that KD already put out that you may already own but this is especially great for devotees. The writing is heartfelt and deeply devotional. Great for the writing alone. A gift to our guru for sure.

The design and quality of this book are just stunning, and I actually have it standing up all the time so I can see it. The photo can't do it justice. The CDs have great audio quality and content. One CD is music, and the other is the Hanuman Chalisa phrase by phrase and slowly, so you can learn easily. Even if you don't want to learn, the book is a wonderful read, all about Hanuman, Ramayana, Neem Karoli Baba, and the Hanuman Chalisa. The book itself is a beautiful object, and it would make a great gift, too!

This book is really special. It's gorgeous, well written and very interesting. The accompanying CD of Hanuman chants is also beautiful and it really teaches you how to sing the Hanuman chalisa. There are also lots of beautiful pictures and some nice stories of Neem Karoli Baba (Maharaji). This is a wonderful book also to give and receive as a gift.

Krishna Das unfolds the heart of Hanuman, a must read for any Bhakti Yogi or peaceful warrior!

Beyond words.

Krishna Das is one of my favorite artists and he has again delivered a beautiful work of love! He is definately "in the Flow of Grace" with this compact album. The written text, the spoken words and the songs convey peace, tranquility and love as only Krishna Das can do.

where else can one find the music and the poems in so many forms?

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